

YOUR CONFIRMATION SAINT

CHOOSING A SAINT

It is a tradition in the Church to choose a saint's name for Confirmation. The preferred name, although not required, is the name you were given at Baptism (either your first or middle name) since it expresses the close relationship that exists between Baptism and Confirmation. *If your Baptismal name is not that of a recognized saint, a new name should be chosen for Confirmation.*

A saint is chosen for Confirmation to be your lifelong friend and model as you strive to be an authentic witness for Christ. You should choose a saint, not just because you like their name, or because their feast is on your birthday, but because you admire the way that saint lived their life. Select a saint that you find particularly inspirational for your own life and situation.

THE SAINT REPORT

Once you have a saint, the next step will be to complete a written report about them. Please carefully follow the outline below when writing your report (at least one paragraph per point on the outline):

Outline of Saint Report

1. *Short* biography of the saint
2. Why you chose this saint
3. How this saint is a model of the Christian life for you
4. Create your own personal prayer to the saint

Example: *St. Therese, pray that I may always believe, as you did, in God's great love for me, so that I might imitate your "Little Way" each day. + Amen*

The Report should be no longer than one page, single spaced, using 12-point font. The report is due on January 18th, 2021 – and must be emailed to Claire Wright at clairewright@jp2kc.org.

INFORMATION ABOUT SAINTS

To get help choosing a saint, and to find info on the saint you have chosen you can visit the following website: <https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>